



AREA 40 TRIANGLE

A Newsletter for A.A. in the State of Montana

Highlights of Area 40's Spring Assembly

- ◆ District Committee Members (DCM) from around the state attended the Spring Assembly and gave us reports. Lots of fellowship events and service workshops have taken place, along with a continuing thread of carrying the message to the still suffering alcoholic. A.A. is alive and well and growing strong, but is always in need of more commitment and more action.
- ◆ Our Area 40 Delegate, Paul L., graced us with a humorous and inspiring report, sharing humility and growth, as well as the generous amount of work the delegate position entails and the passion that sparks and engulfs as we participate in general service and carrying the message. Paul will head to the General Service Conference (GSC), over the May 17th weekend, in New York. All groups are encouraged to mail cards of encouragement and gratitude to Paul while he's attending the GSC at the Crown Plaza Hotel, 1605 Broadway, New York, NY 10019. "Communication is at the heart of what we do," Paul says, referencing a communication study that Alcoholics Anonymous had done in 2018, calling out our strengths and our weaknesses. How can we better carry the message? How can we better communicate with one another on what's happening in A.A.—our groups, districts, area, and the General Service Office?
- ◆ The Archivist, Earl F., requests that all groups and districts include him in their mailings, so he can keep updated on all Area history in the making. Invite him to your events to display a portion of the archives.
- ◆ Bridging the Gap is throwing a BTG workshop, May 11, 2019 at the Wolf Community Center, 630 6th Avenue South in Wolf Point. "Our focus will be on how we can better connect our A.A. Members coming out of Treatment and Correctional Facilities to A.A. Members in our communities." Starts with a potluck at Noon followed by a Meet and Greet before the workshop gets into full swing. You can contact the Area 40 Bridging the Gap chair, Jessica E. for more information.
- ◆ Carole B., Past Area 40 Delegate Panel 59 and Current General Service Trustee, shared her experience, strength, and hope in relation to service. She wonders if we are focusing on what we need to for Alcoholics Anonymous. "What ways can we engage people?" We need to hear every voice, the quiet and the loud. How are we staying stuck in doing the same thing we've always done? What are we doing to reach out to all those that suffer from alcoholism, that aren't like us or don't look like us? "Alcoholics Anonymous demands that I do things that are inconvenient and uncomfortable," she says, and invites everyone to do things that are inconvenient and uncomfortable. We need to challenge ourselves to engage and think outside the box. She suggests we check out the March Grapevine issue for great articles to pay attention to.
- ◆ Libby L., Past Area 40 Delegate Panel 65, focused on the gifts of Alcoholics Anonymous in that we can recognize our fears and know we can face them anyway. "We're not gonna fly off the face of the earth, because we missed a turn," she says, and mentions how she was scared when first becoming delegate. She also touched on the communication audit A.A. had done in 2018. "We may not need to do everything they say, but we do need to consider their findings." She talked about the importance of the Cooperation with Professional Community position (CPC) and how we

Inside this Issue:

- Highlights of Area 40's Spring Assembly ➡ p. 1
- Motions and Recommendations from the Assembly ➡ p. 2
- A Full and Thankful Heart ➡ p. 2
- Tradition Four Snip-it ➡ p. 2
- Excerpts from Area Reports ➡ p. 3 - 6
- Tradition Five Snip-it p. 3
- Concept Four Bite ➡ p. 4
- Concept Five Bite p. 5
- Call to Action ➡ p. 5
- Area 40 Chair Contact Info ➡ p. 7
- Upcoming Events ➡ p. 7
- Triangle Subscription Form ➡ p. 8
- Send Group Contributions ➡ p. 8

**Excerpts from A.A.
Literature, materials, and
Grapevine are reprinted
with permission of A.A.
World Services and**

*The Triangle is anonymity protected.
All A.A. members are identified by
first name and last initial only.*

**“If I were asked which of our
blessings I felt was most
responsible for our growth as a
fellowship and most vital to our
continuity, I would say, the
‘Concept of Anonymity.’”** Bill's last
message read by Lois, 1970 Annual
New York Intergroup Dinner

Tradition Four Snip-it

Each group should be autonomous except in matters affecting other groups or A.A. as a whole.

“When A.A.’s Traditions were first published, in 1946, we had become sure that an A.A. group could stand almost any amount of battering. We saw that the group, exactly like the individual, must eventually conform to whatever tested principles would guarantee survival. We had discovered that there was perfect safety in the process of trial and error. So confident of this had we become that the original statement of A.A. tradition carried this significant sentence: ‘Any two or three alcoholics gathered together for sobriety may call themselves an A.A. group provided that as a group they have no other affiliation.’ This meant, of course, that we had been given the courage to declare each A.A. group an individual entity, strictly reliant on its own conscience as a guide to action. In charting this enormous expanse of freedom, we found it necessary to post only two storm signals: A group ought not do anything which would greatly injure A.A. as a whole, nor out it affiliate itself with anything or anybody else... The A.A. group would have to stick to its course or be hopelessly lost. Sobriety had to be its sole objective. In all other respects that was perfect freedom of will and action. Every group had the right to be wrong.” - *The Twelve Steps and Twelve Traditions*, p.146

Does my group always consider the welfare of the rest of A.A.? Of nearby groups? Of Loners in Alaska? Of Internationalists miles from port? Of a group in Rome or El Salvador?

AAGrapveine.org has the Traditions Checklist. Take it to your group. Engage with your sponsor. Challenge a sponsee.



communicate with professionals. Professionals want information from us. They want to know how to help the alcoholics coming through their doors. As it stands right now, the professionals are not really receiving the information needed. The audit said, “We’re not giving the message to them in their language—our pamphlets are full of jargon.” How can we communicate the message in a more receivable manner? We can use our Class A Trustees, because they don’t need to stay anonymous. How can we plant the seed of A.A. early, before the idea that A.A. doesn’t work infiltrates and keeps them from the rooms? Then she ended with a reading from *Daily Reflections*.

March 25th A FULL AND THANKFUL HEART

I try to hold fast to the truth that a full and thankful heart cannot entertain great conceits. When brimming with gratitude, one’s heartbeat must surely result in outgoing love, the finest emotion that we can ever know. - As Bill Sees It, p. 37

I believe that we in Alcoholics Anonymous are fortunate in that we are constantly reminded of the need to be grateful and how important gratitude is to our sobriety. I am truly grateful for the sobriety that God has given me through the A.A. program and am glad I can give back what was given to me freely. I am grateful for not only sobriety, but for the quality of life my sobriety has brought. God has been gracious enough to give me sober days *and* a life blessed with peace and contentment, as well as the ability to give and receive love, and the opportunity to serve others—in our Fellowship, my family, and my community. For all of this, I have “a full and thankful heart.”

-*Daily Reflections*

Listed below are Motions and Recommendations that came out of Committee reports. This list is a brief overview of what the votes were for Area 40 items and if a sense of the Area was taken for GSC items. A sense of the Area gives our Area Delegate, Paul L. an idea of the Area’s group conscience, so he can represent our Area at the General Service Conference in New York this coming May. If you’d like to know more about the motions and recommendations, please get with the GSR of your home group or speak with the DCM of your district for specifics on background information and a more detailed perspective of what happened. Area 40 items are marked with a heart symbol ♥ and GSC items are marked with a flower ❁.

Motions and Recommendations from the Assembly:

- **Archives - Structure & Policy** - ♥ *Consider changing the Secretary and Treasurer requirements to 6 years of sobriety.* Committee made a seconded motion to take no action. ♥ *Consider changing the manager of the Pink Can Funds from the Area Corrections Chair to the Area Treasurer.* Committee made a seconded motion to take no action, stating that there are already guidelines in the Area 40’s Policy and Procedures regarding reporting funds and distributions of Pink Can funds. ❁ *Consider request to add the 1940s home movie of the co-founders and their wives to the video “Markings of the Journey.”* Committee recommends to go forward with the request.
- **Corrections - Int’l Conventions/Regional Forums** - ❁ *Consider request for a review of all corrections related literature in order to make the language more modern and inclusive.* Committee’s consensus was opposed. An Area consensus was also opposed. ❁ *Consider request that the General Service Office establish and help maintain a database of Correctional Facilities in each service area in the U.S. and Canada and the status of meetings held therein.* Committee’s consensus was opposed. An Area consensus was also opposed.
- **Public Information - Report & Charter** - ♥ *Review Ad-hoc Committee report on Area Answering service.* Recommends that the Ad-hoc Committee reconvene to do more research to find one cost-effective solution for the Area hotline. The committee will provide a report prior to Fall Assembly 2019. Area vote taken: unanimously passed. ❁ *Consider request that the video PSA “My World” be discontinued.* Committee not in favor of discontinuing. ❁ *Consider request to approve the development of a new PSA in video format that utilizes full-face actors*

(not members of A.A.). Committee was not in favor. ✿Consider request to update language in the flyer “A.A. at a Glance.” Committee was in favor.

- **Grapevine - GSC Policy & Admissions** - ✿Consider the list of suggested AA Grapevine book topics for 2020 and later. Committee had no opposition. ✿Consider request to remove the “Alcoholism at Large” section from AA Grapevine. Committee was 4 to 1 on keeping it as is. Area consensus was opposed to removing it.
- **Literature** - ✿Consider requests to develop a Fifth Edition of the book *Alcoholics Anonymous*. Committee was in favor. The Area consensus was split. ✿Consider request to revise the pamphlet “The A.A. Group.” Committee was in favor. ✿Consider revising the Foreword to the book *Twelve Steps and Twelve Traditions*. Committee approved of revision. Area consensus was for revision. ✿Consider suggestion to add “Nonalcoholics may attend open meetings as observers” to the end of the open meeting side of the Primary Purpose (blue) card. Committee was in favor. ✿Consider request to update the pamphlet “The Twelve Steps Illustrated.” Committee was in favor. Area consensus was in favor of request.
- **Cooperation with the Professional Community - Trustees Committee** - ♥Made and Seconded motion requesting funds up to \$2,500 from Area 40 for a “Friends of AA” trip for two (2) of our Class A Trustees, Nancy McCarthy and Christine Carpenter, to train our professionals about A.A. in September 2019. Area vote was 90 to 3. Motion passed. ✿Consider request to remove text “They may help arrange hospitalization” from the pamphlet “Alcoholics Anonymous in Your Community.” Committee was in favor.
- **Finance** - ♥Consider financing the Correction Chair to attend National Correction Conference November 1-3, 2019 in Houston, Texas with total expenses not to exceed \$1,500. Committee was in favor. Area voted in favor.

- Excerpts from Area Reports -

You can find full reports at aa-montana.org under Area Committee, Assembly Minutes and Agendas.

AREA 40 CHAIR/ALTERNATE DELEGATE - CONNIE R.

...I am grateful to all the past Area Chairs who have offered support, suggestions and encouragement. Since being voted in last fall, I have not, at any time, felt alone on this journey. This is an encouragement that I would like to pass on to all of you who are new to area, or who are here in a new position. If you are new, I suggest that you sit by someone who has been here before, and don't be afraid to ask them questions. None of us came here the first time knowing what we are doing. As with anything we do in A.A., we are never alone, but we do need to learn to ask for help...

AREA 40 TREASURER - ASHLEY J.

...As of March 31st the checkbook was \$17,882.35. The prudent reserve is \$12,990, which is calculated as four months of our 2019 budget. Therefore, our operating balance is \$4,892.35. Currently our net income is -\$56.19 as our expenses exceeded income this quarter. Last year our total Fall Assembly costs were \$6,834.37. Therefore we can expect a reduction in the operating balance by approximately this amount over the next month as the assembly expenses come in, excluding income which has been an average of \$2,788.21 per month this quarter...

FINANCIAL HIGHLIGHTS: (cost per group/member is for a 20 member group)

Area 40 Budget:	\$38,970.00
	Area 40 Registered Groups: 287
	Cost per group: \$135.78
	Cost per member: \$6.79
Year to Date Income:	\$8,364.64
Year to Date Expenses:	\$8,400.83
Year to Date Net Income:	-\$56.19

Tradition Five Snip-it

Each group has but one primary purpose—to carry its message to the alcoholic who still suffers.

“We think we should do one thing well rather than many things to which we are not called. That is the central idea of this Tradition. Our society gathers in unity around this concept. The very life of our fellowship requires its preservation. ‘Shoemaker, stick to they last’ is no dull cliché for Alcoholics Anonymous. Together we have found a substantial remedy for a terrible malady. Of course we might interest ourselves in fields of education, research, neurosis, and the like. But, as a society, should we? Our experience says that we definitely should not. We can and we do help, as individuals, in those fields. That is good. But, as a fellowship, we know that we must not be diverted. It is our experience as alcoholics that makes us of unique value on our sector of the total alcoholic front. We can approach sufferers as no one else can. Therefore, the strongest kind of moral and ethical compulsion is upon us to do this and nothing more. If we had discovered a widely applicable cancer cure, we would be begged to attend to that and that only. We would not try to look after all tumors and branch out into tuberculosis and tapeworms besides. In such a case we would certainly stick to cancer. Though A.A. is obligated to both medicine and religion, we cannot become experts in either. We know that theology is for clergymen and that the practice of medicine and psychiatry is for doctors. Certain that we can do together what we cannot do separately, we shall always co-operate but never compete. We shall direct our energies where they count most.” - *A.A. Comes of Age*, p. 106

Do you ever cop out by saying, “I’m not a group, so this or that Tradition doesn’t apply to me?”

Do you help your group in every way you can to fulfill our primary purpose?

AAGrapevine.org has the Traditions Checklist. Take it to your group. Engage with your sponsor. Challenge a sponsee.

Concept Four Bite

Throughout our Conference structure, we ought to maintain at all responsible levels a traditional “Right of Participation,” taking care that each classification or group of our world servants shall be allowed a voting representation in reasonable proportion to the responsibility that each must discharge.

“The preservation of the principle of *Participation* in our service structure is, to those of us who already understand its application and benefits, a matter of the highest importance to our future.” - *The A.A. Service Manual, p. 16*

“The point may be made that nowadays we drunks can *dish it out* or *take it* better than we used to. Even so I would sure hate to see us ever go back to a nonparticipating setup. Now that we have more service people involved and more money to handle, I am afraid the result would be much the same and maybe worse. There was really nothing exceptional about the incident of the torn-up checks. Every time an absolute authority is created it always invites this same tendency toward over-domination respecting all things, great and small.” - *The A.A. Service Manual, p.17*

“There is another good reason for *participation*, and this one has to do with our spiritual needs. All of us deeply desire to *belong*... The *Right of Participation* is therefore a corrective of ultimate authority because it mitigates its harshness or misuse. It also encourages us who serve A.A. to accept the necessary disciplines that our several tasks require. We can do this when we are sure that we belong, when the fact of our *participation* assures us that we are truly the *trusted servants* described in A.A.’s Tradition Two.” - *The A.A. Service Manual, p. 19*

Do we understand the spiritual principles underlying the “Right of Participation?”

Get the Concept Checklist at aa.org.

AREA 40 ARCHIVES CHAIR - KACIE N.

...Welcome to Spring Assembly 2019 - especially all the first time attendees! I’m really excited to be here and honored to have the privilege of serving as your Area Archives chair this rotation. It was a snowy night in February when Raymona and I stepped away from the home group’s Super Bowl party to re-home the 100 2018 evaluation forms from her back seat to mine. A jump drive and a folder of handouts, notes, and miscellaneous helpful documents joins them. I later tallied each evaluation and will share those results with you shortly. I had the opportunity to participate in the Area Committee conference call led by Connie in January and recently got to attend the Pre-assembly hosted by District 81 in Missoula. I look forward to what’s in store for us this rotation and to the growth opportunities that lie ahead!

AREA 40 ARCHIVIST - EARL F.

...I have received a couple of group histories from individuals. These are a treasure. They take a little time to write out, but the visiting with old-timers and putting together a history is really rewarding and interesting and it helps us to remember where we have come from. I want to encourage the new GSR’s to take on this endeavor and record how your group got started. Names and dates are always appreciated; anonymity will be protected if these stories would be published in any way...

AREA 40 GRAPEVINE CHAIR - SHAWN N.

...I attended two of the three pre-assemblies for Area 40. Both of which were a learning experience. Never assume I Got this Stuff! Kevin M. the Grapevine chair from District 71 contacted me regarding displays for Grapevine and La Viña. I will try to gather some info as to where I can get some for the individuals that would like to display Grapevine for their districts and/or meetings. I am completely open to new ideas, suggestions or input regarding how to pass the Grapevine or La Viña on to the still suffering alcoholic. Feel free to call, email, or text me at anytime. Again, thank you for the privilege of allowing me to serve as your Area 40 Grapevine chair!!!!

AREA 40 CORRECTIONS CHAIR - JEREMIAH S.

...The first few months of this rotation I began to do an inventory of all the facilities in Montana and if there was a meeting going into those facilities. I contacted Department of Corrections programs, Treatment programs with the DOC, and jails in Montana. I am in the process of compiling a master list which we hope will become a part of the Area 40 website...

PINK CAN REPORT:

Books delivered this rotation: 1 case to CCC-Butte

Recent Order:

120 Big Books \$961.00

40 Daily Reflections \$385.60

40 pocket Big Books \$188.00

20 12 X 12 \$155.00

Total Order: \$1,689.80

Pink Can Donations - January 2019 to Present: \$1,705.65

Cash Balance in Pink Can Fund as of 4/5/19: \$3,567.72

AREA 40 LITERATURE CHAIR - GRANT M.

...On February 27th I had the privilege to jump in the truck with Jody T., DCM of District 91, her husband, Jerry, and Hughe M., DCM of District 41. Then we drove the 750 miles to Moorhead, Minnesota for the West Central Regional A.A. Conference. I was able to hear delegates and past delegates talk about the general conference agenda items that we will be talking about this weekend at the assembly. I am always energized about service after a conference. The 24 hours we spent on the road talking about Unity, Service, and Recovery was my favorite part. We stopped in Lewistown and took pictures of the Camel, not because it was Wednesday...because it wasn’t. The Camel represents staying dry for the whole day...

AREA 40 PUBLIC INFORMATION (PI) CHAIR - SABRINA C.

... We were chatting before the meeting started and I heard myself complaining about all the work I needed to do for Area Assembly. I was feeling overwhelmed. Then I caught myself and told her the truth. And the truth is simply that I am a self-centered child who doesn't like responsibility. I explained to her how I thought every day should be more like Christmas morning. But I also expressed gratitude and acknowledged that without Alcoholics Anonymous ... my life is a vacant wasteland. No responsibilities. Not a single person who relies on me for anything. No integrity. No dignity. No self-respect. No one left who expects me to show up. Nothing sacred or meaningful. Alcoholics Anonymous has given me more than I could have ever imagined. There are people who show up to celebrate my accomplishments, who support me when I'm struggling, who walk with me through challenges, who hold me accountable, and who care more about me than they care about my feelings. Those people are all members of Alcoholics Anonymous. The only reason I have anything of value in my life today is because of Alcoholics Anonymous. So, while it may be a little inconvenient and frustrating at times, my commitment to you comes before anything else in my life. If I just remain willing enough to put Alcoholics Anonymous first, everything else will take care of itself. Thank you for allowing me to participate in my recovery and thank you for my life...

AREA 40 BRIDGING THE GAP (BTG) CHAIR - JESSICA E.

... Currently I have an active contact list for BTG chairs and representatives in treatment and corrections for each district which I actively update and provide as a resource for BTG coordinators. DCMs if you have any updated changes for new BTG coordinators I would love to provide these to our BTG committees to help them facilitate the hard work they do. It is my belief that I have connected with all current BTG chairs and have provided each with an electronic version by email of our BTG workbook, blank BTG volunteer lists, handouts for information on BTG and suggestions for new volunteers and current BTG contact lists. I have also sent these to our DCMs and current BTG reps. I've volunteered to provide hard copies by request and have sent a package to District 93. Our current BTG chairs are forwarding the efforts to enlarge and update our Bridging the Gap volunteer database. BTG chairs have been circulating volunteer sheets from our Area 40 website so that GSRs can bring them to our groups. We have many towns across Area 40 that have active AA groups, yet we do not have current contacts for all of those towns. I am providing each district's BTG rep with these towns. We have all discussed that even if we are from smaller towns that are in our districts we can talk to our Treatment Chair and/or BTG coordinators about updating our volunteers by passing these around at our business meetings. I have connected with our more rural areas that don't have a current treatment chair or BTG chair. Have worked with Kurt K. in District 42 and have added new cities for this area. If we didn't have current volunteers I've added this information for those cities as a primary contact. With permission, I have sent BTG volunteer sheets to a member in the eastern side of the district. I have also been working with Wayne and Dennis from District 21. I sent BTG volunteer sheets that will be dispersed at their district meeting. I look forward to assisting them by adding new volunteers to their respective database after I collect them during my visit to Wolf Point in May...

A CALL TO ACTION! A CALL TO ACTION!

We need your experience, strength, and hope! Please send us short articles—400 words or less—on Area Service. **Please submit no later than May 28th via email to triangle@aa-montana.org.** Were you a DCM attending Area? Or an Area Committee Officer or Member? What was your first Area Assembly like? Inquiring minds want to know!!



"Now my brother John. . . He's a guy who really NEEDS A.A."

Concept Five Bite

Throughout our world service structure, a traditional "Right of Appeal" ought to prevail, thus assuring us that minority opinion will be heard and that petitions for the redress of personal grievances will be carefully considered.

"In granting this traditional 'Right of Appeal,' we recognize that minorities frequently can be right; that even when they are partly or wholly in error they still perform a most valuable service when, by asserting their 'Right of Appeal,' they compel a thorough-going debate on important issues. The well-heard minority, therefore, is our chief protection against an uninformed, misinformed, hasty or angry majority." - *The A.A. Service Manual*, p. 20

"When we look at our world services, we find that here we have also gone to great lengths in our trust of minority groups. Under Tradition Two, the *group conscience* is the final authority for A.A. world service, and it will always remain so respecting all the larger issues that confront us. Nevertheless the A.A. groups have recognized that for world service purposes the 'group conscience of A.A.' as a *totality* has certain limitations. It cannot act directly in many service matters, because it cannot be sufficiently informed about the problems in hand. It is also true that during a time of great disturbance the group conscience is not always the best possible guide because, temporarily, such an upset may prevent it from functioning efficiently or wisely. When, therefore, the group conscience cannot or should not act directly, *who does act for it?* The second part of Tradition Two provides us with the answer when it describes A.A. leaders as 'trusted servants.' These servants must always be in readiness to do for the groups what the groups obviously cannot or should not do for themselves.

Consequently the servants are bound to use their own information and judgement, sometimes to the point of disagreeing with uninformed and biased group opinion." - *The A.A. Service Manual*, p. 21

Do we encourage the minority opinion, the "Right of Appeal," to be heard at our home group, district committee meetings, area assemblies and the Conference?

Get the Concept Checklist at aa.org.

AREA 40 “FUNNY” STORY - AREA 40 DELEGATE, PAUL L.

...I attended my first Area Assembly ten years ago; way, way back when ol’ Carole B. was the Area Delegate. Had somehow become selected as the GSR of my home group after being the Alternate GSR for a rotation. I found myself in a big, overfilled, fly-infested room, in the middle of Montana at the Yogo Inn. I thought, “Ugh!” First there was an Orientation by Carole, of which I remember little, then a few reports which meant nothing to me at the time, and then we had our first break. As I was making my way out the door, a Brouhaha started to develop along the display tables. Two guys were starting to scuffle and were ready to go after each other. I thought, “Cool, I’m really in the middle of A.A. now, this is what it is all about.” After they were pulled apart, I went outside for some fresh air. When I came back in these fellas were at the microphones. They explained that one guy was taking pictures of a display he liked and the other thought he was taking pictures of members and busting their anonymity. They made their amends to the Assembly for causing a ruckus due to their misunderstanding. I thought, “Ah, this is *really* what A.A. is about.”

WEST CENTRAL REGIONAL SERVICE CONFERENCE REPORT - GRANT O.

...What a wonderful experience, I hope and pray many of you will consider attending in the future, as the experiences I’ve had so far with General Service have broadened and deepened my love for this Fellowship and for the Program of Alcoholics Anonymous. It is apparent to me that the unity of our Fellowship is alive and well. The feeling of being in a room with 302 fellow alcoholics, some of whom traveled for hundreds of miles, for the common purpose of determining how we can best serve and reach the still suffering alcoholic, is indescribable. The power present in the room during the Conference was evident to me upon the commencement of the activities on Friday evening. The purpose of this Conference was to review the agenda items for the upcoming General Service Conference, to be held in May of this year. The items and their corresponding background material were given to me approximately two weeks before the conference. For your information, this conference is a necessary part of how information is delivered to the ultimate head of our service structure, the individual A.A. groups. It gives all who attend a chance to have open discussion with our Area Delegates and West Central Regional Trustee, Tom A...

SPRING 2019 KALISPELL ROUNDUP REPORT - SHEILA J.

...We’re very excited for the upcoming roundup in May. Over 1,000 flyers were taken from the box so far; we are looking forward to a lot of registrations in the mailbox. We have a great line-up scheduled for the weekend: great speakers, “Service Rocks” workshop facilitated by Libbie L., yoga, mediation, and recovery and fitness by a couple of talented members. You have to show up to find out what that’s all about! The committee has done a great job putting together this event. Two of our speakers will do a Sunday morning workshop, “A Simple Kit of Spiritual Tools.” We also have “Soberlogues” and improv. Looking forward to seeing you all in May...

Pay for Your Newsletter Online!

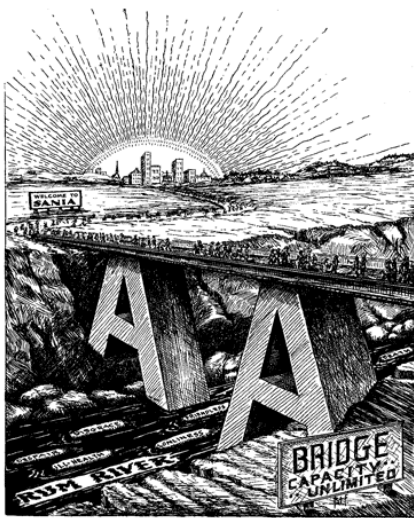
Groups are encouraged to be self-supporting for their Triangle subscriptions. You can pay online at aa-montana.org or you can mail in your subscription to Area 40 Triangle, P.O. Box 852, Milltown, MT 59851.

WEST CENTRAL REGIONAL SERVICE CONFERENCE 2021

The West Central Regional Service Conference will be held in Billings, February 28th, 29th, and March 1st, 2020. We ask you all to take the leap and join us. Online registration is now available. We are hoping to get conference attendees registered starting now. We have several ways to be of Service during the event, including hospitality and welcome groups at our four host hotels. We hope you will join us in Billings.

AREA 40 TRIANGLE CHAIR - CATHERINE B.

...Each group, via an Area motion, will receive a Triangle issue regardless of payment, but the Area strongly encourages each group to be self-supporting and submit a yearly subscription fee of \$10. Each paid subscription fee helps offset the cost of the Triangle. You can subscribe online at our Area website, aa-montana.org under the Triangle tab, or you can mail your subscription to me at Area 40 Triangle, P.O. Box 852, Milltown, MT 59851. I’ve published three issues of the eight issues that will be published this year. I have decided to adjust the deadline for article submissions due to the fluctuation of mail delivery. The deadline was on the 9th of each month, but I have changed it to the 28th of each month. Please keep your articles to 400 words or less. I encourage each one of you to write a short article on your experience, strength, and hope with doing service in Alcoholics Anonymous at the district level, as well as other areas, whether that’s pouring coffee at your home group or traveling to the General Service Conference as an Area Delegate. All service is vital, not only to the still suffering alcoholic but also to each one of us, to encourage us to keep the lights on and the hand of A.A. always reached out. We need those stories of service to inspire us to participate and to hold steady...



— The A.A. Bridge —

General Structural Description of FRAME WORK: Of Divine Steel of truest temper, welded at each joint with Faith.

FILLING: A concrete composition of time-tested material, the strongest known to man, called “Fellowship.” Strongly laminated to the frame-work and foundation by a supreme desire for a better life and the will to win.

UPCOMING EVENTS



Need a flier for your group?
Check out aa-montana.org

May 2019

May 11th ➡ 12th Annual Corrections Workshop, Helena, MT
 May 11th ➡ Bridging the Gap Committee Meeting, Wolf Community Center, Wolf Point, MT
 May 17th - 19th ➡ 2019 Spring Round-Up, Red Lion Hotel, Kalispell, MT

June 2019

June 8th ➡ Founder's Day, Ryan Dam, Great Falls, MT
 June 14th - 16th ➡ 44th Bitterroot Picnic/Campout, Three Sisters Group Campsite, Lake Como
 June 28th - 30th ➡ Beartooth Mountain Conference, Luccock Park Camp, Livingston, MT

July 2019

July 1st ➡ **Deadline for Fall Assembly Agenda Items**
 July 1st ➡ **Deadline for Special Needs Form for the Fall Assembly**
 July 12th - 14th ➡ 2019 Cooney Campout, Red Lodge Arm Campsite, Cooney Dam

August 2019

August 8th - 10th ➡ Swan Lake Campout, Swan Lake Campground, Swan Lake, MT
 August 16th - 18th ➡ Regional Forum, Alerus Center, Grand Forks, ND
 August 23rd - 25th ➡ Havre Mini-conference, Havre, MT

September 2019

September 6th - 7th ➡ Fellowship at the Falls, Great Falls, MT
 September 13th - 15th ➡ **Fall Area Assembly, Holiday Inn, Great Falls, MT**

October 2019

October 11th - 13th, 2019 Fall Roundup, Holiday Inn Downtown, Missoula, MT

Have you registered for the Spring Roundup yet? There's still time!

2019 SPRING ROUNDUP
 May 17th - 19th
 Red Lion Hotel
 Kalispell, MT

Get the flier and registration info at aa-montana.org/calendar

STOP THE PRESSES!!

The 2021 West Central Regional Forum will be held at the Hilton Garden Inn in Missoula!

Save the date
 September 10th - 12th, 2021

Need to contact your Area 40 Chairs?

Area 40 Delegate

Paul L. delegate@aa-montana.org

Area Chair/Alt. Delegate

Connie R. chair@aa-montana.org

Secretary

Brynn C. secretary@aa-montana.org

Treasurer

Ashley J. treasurer@aa-montana.org

Archives

Kacie N. archives@aa-montana.org

Cooperation with the Professional Community (CPC)

Terry T. cpc@aa-montana.org

Grapevine

Shawn N. grapevine@aa-montana.org

Corrections

Jeremiah S. corrections@aa-montana.org

Literature

Grant M. literature@aa-montana.org

Public Information

Sabrina C. pi@aa-montana.org

Treatment

Steve S. treatment@aa-montana.org

Triangle Editor

Catherine B. triangle@aa-montana.org

Advisor (non-voting)

Gerry R. advisor@aa-montana.org

Archivist (non-voting)

Earl F. archivist@aa-montana.org

Bridging the Gap (non-voting)

Jessica E. btgchair@aa-montana.org

Webmaster (non-voting)

Brandon M. webmaster@aa-montana.org

AREA 40 TRIANGLE CROSSWORD ANSWERS

March Answers

1. DCM elections should take place after the election of what group service position? GSR
2. Who takes over when a DCM resigns or is unable to serve? Alternate DCM
3. What does the DCM pass on to the area delegate and the area committee? The Districts Thinking
4. Is a district made up of a set number of groups? No
5. What pamphlet provides basic information on the DCM position? Your DCM
6. DCM elections should happen before the election of what area service position? Area Delegate
7. Who is the essential link between the GSR and the area delegate? DCM
8. Population density and geographic size are key factors in determining the size of what? District
9. How many years does a DCM serve? Two



CONFIDENTIAL

Please share this newsletter with your group!

Triangle Subscription Form

Want a subscription for yourself, a friend, or a group?
Return this form to the address below or subscribe online
at aa-montana.org.

Group Name: _____
GSR/Contact: _____
Address: _____
City, St., Zip: _____
Phone No.: _____
Email: _____

SEND TO:
AREA 40 TRIANGLE
P.O. Box 852
Milltown, MT 59851
Make checks payable to Area 40, Inc.

SUBSCRIPTION INFORMATION:
Groups are encouraged to be self-supporting
for their Triangle subscription fee. **“Expired”** above the mailing address indicates
the subscription has expired. Due to Past Actions of the Area Assembly, all groups
will receive the Triangle regardless of subscription status.

Mail Group Contributions

Area 40, Inc.
P.O. Box 3826
Missoula, MT 59806
*Make checks payable
to Area 40, Inc.*

GSO
P.O. Box 459
Grand Central Station
New York, NY 10163
Make checks payable to GSO