

The Triangle Newsletter

Area Hotline Number Published Incorrectly!

The Area 40 Hotline number published in both the Dex and the Statewide publishing phonebook, for Helena has the number incorrect!

The number they have listed is: 1-800-607-2000
When it should be:
1-888-607-2000.

Please check the numbers listed in your local phonebooks. If you find any that are incorrect notify our Area PI Chair
Luke S.
pi@aa-montana.org.

Relationships

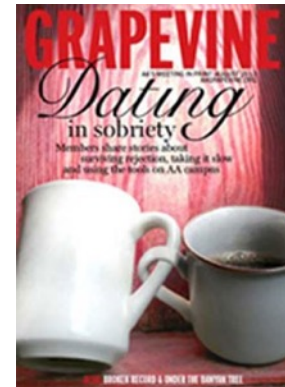
The difficulty for a recovering alcoholic in a relationship is that there's another person involved. Even in sobriety, our instinctive drives may erect an immovable wall of lust, dependency, or control, whether the other person is alcoholic or not. It is not surprising, then, to read in the "Twelve and Twelve" that *"defective relations with other human beings have nearly always been the immediate cause of our woes, including our alcoholism."* And after the booze is removed, they remain to be dealt with.

Many wise maxims may be gleaned from this!

- ♦ Find yourself, before you try to find someone else.
- ♦ Take your own inventory, not your partner's.
- ♦ Be an observer, not a judge.
- ♦ Allow God into the equation, even while making love.

Yours in peace, love, and service

Excerpt from 2005 Grapevine



Inside This Issue

Relationships - page 1
More Introductions of Our Area 40 Committee - page 2
Calendar of Events- page 3

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Greetings Area 40!

I'm privileged to serve as your Area 40 Secretary/Registrar for this rotation. I by no means have a handle on this service position, but, as with most things in Alcoholics Anonymous, I will learn by doing. I have had several opportunities to ask for help already and I know I'll have many more. I'm also fairly sure that I'll never be able to give back to Alcoholics Anonymous more than I've received - and continue to receive. So thank you for trusting me to serve our Area!

I was born and raised in Great Falls. After graduating from the University of Montana, I moved to Kalispell to raise two boys and it was there I got sober on July 14, 1994. I had an 18-year career in banking and, in 1999, decided to start a new chapter in my life by moving back to Missoula to attend graduate school. God had other plans. Graduate school didn't work out, but I was invited to get involved in general service in Alcoholics Anonymous as my group's GSR. I became active in taking meetings into the jail and treatment center, served as District Treasurer and then DCM. My recovery grew by leaps and bounds!

In 2007, I moved to Idaho to be closer to my grandchildren (and to quit getting speeding tickets on the drive there and back!) I got involved in service again and began to feel "a part of." I served as my group's Rep for Grapevine, Intergroup, H & I, CPC/PI and on an Area ad-hoc committee. I was serving as my District's CPC/PI Chair when my son informed me they were moving to Bozeman in 2012. So I packed up, sold my house and landed back in my home state and, gratefully, in Area 40. Getting involved in service again made moving easier. The Spring Roundup needed help and my new home group needed a GSR. Presto! I belong! And best of all, I have a host of new friends and a feeling of usefulness. I love the mountains, skiing, biking and am in my 11th year as a volunteer tax preparer with AARP TaxAide.

Part of my new service position is making sure that our General Service Office (GSO) has all the correct information for the groups and districts in our Area. Why is this important? Mainly so that communication can happen! If they have the wrong person or address, information can't be passed on like new GSR kits, Committee Chair workbooks or newsletters about upcoming events and happenings in AA as a whole. **So please get your changes to me via the Group Change Form which can be found on the Area website, www.aa-montana.org. DCMs can e-mail your district committee list to secretary@aa-montana.org.** Thank you! I look forward to seeing you at Area Assembly!

In love and service,

Julie R. - Area 40 Secretary

I am beginning my rotation as District 71 DCM after serving 2 years as the Alternate DCM. I sobered up in Minnesota on Oct. 7, 1981 and through sponsorship, fellowship, service and my higher power have remained sober since that first Wednesday night meeting. I learned how to be a good student in sobriety and earned a BA in Education and MA in Educational Leadership after failing junior high and quitting high school. I learned how to be a good mom, friend, and partner. After buying a business in Melrose, Montana and moving here I am learning how to be an active service member of AA-beyond the group/club level. Sobriety continues to bless my life and will as long as I am an active participant. Thank you for letting me serve; it truly helps me as much or more than it helps others.

Thanks Roxie B. - District 71 DCM

Calendar of Events

Assembly Dates 2015

February 1

Deadline Spring Assembly
Agenda items

April 10-12

Spring Assembly
Yogo Inn - Lewistown

July 1

Deadline Fall Assembly
Agenda items

September 18-20

Fall Assembly
Yogo Inn - Lewistown

Area Events

February

13th-14th - Into Action Weekend, Eastside Grange Hall - Creston

14th - District 12 - Mid-Winter Social, Community Center, Joliet

21st - District 61 GSR Workshop - Andrew W. Presenter, Wilson House, Helena

27th-March 1 - West Central Regional Conference, Divots Conference Center - Norfolk, NE

27th-March 1 - Spring Mens Retreat, Lavina

March

6th-8th - 28th Annual Sober Ski, Mountain Resort, Whitefish

14th - PreAssembly, American Lutheran Church, Billings

20-21st - 19th Pockets of Enthusiasm, First Presbyterian Church - Helena

April

4th - PreAssembly, Boulder Hot Springs, Boulder

11th - 12 Step Study, Civic Center - Great Falls

May

15th-17th - Spring Roundup, Red Lion Colonial Inn - Helena

July

2nd-4th - The Big Book Breakdown, Red Lion Inn - Kalispell

September

11th-13th - Bridging The Gap Workshop, Park City UT

October

9th-11th - Fall Roundup, Red Lion Hotel - Kalispell

For flyers and additional information see the calendar on Area 40 website aa-montana.org.

If you'd like your activity to be included in the Triangle (and on the Area 40 website) please email it to calendar@aa-montana.org

AREA 40 INC
PO BOX 6433
HELENA MT 59604

Return service requested

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IF YOU WOULD LIKE A SUBSCRIPTION FOR YOURSELF, A FRIEND OR YOUR GROUP, PLEASE RETURN THIS FORM. THE COST OF THE TRIANGLE IS \$10 PER YEAR. MAKE CHECKS PAYABLE TO AREA 40.

SEND TO:

AREA 40 TRIANGLE
PO BOX 6433
HELENA MT 59604

GROUP NAME _____

GSR/CONTACT NAME _____

ADDRESS _____

CITY, STATE, ZIP _____

PHONE NUMBER _____

EMAIL ADDRESS _____

SUBSCRIPTION INFORMATION:

Groups are encouraged to be self-supporting for their Triangle subscription fee. "Expired" above the mailing address indicates that the subscription has expired. Groups will receive the Triangle regardless of subscription status because of Past Actions of the Area Assembly.

Individuals: If your subscription has expired, this will be your last issue of the Triangle.

WHERE TO MAIL

GROUP

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GSO

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