



# The Triangle Newsletter

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VOLUME 22, ISSUE 6

OCTOBER 2014

**Area 40 Inc**

## POST FALL ASSEMBLY ROUND UP

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### WELCOME TO YOUR NEW TRIANGLE EDITOR, CARLY G.

My Higher Power continues to surprise me and this last Area Assembly was no exception to that. I had a plan. I always have a plan. I'm currently serving as the Alternate DCM for District 61. The natural progression to DCM seemed logical and was exactly what I had planned for. The funny thing about making plans is that God always has a bigger plan and mine does not always fit into that. From the moment that elections started I knew things were being shaken up. Gerry, our current Area Chair, was not standing for Area Delegate and Alex, our Webmaster, was now in the running for Delegate and Area Chair. The thing that I love most about the Area Assembly is that most everyone there is on fire about service. It's contagious. I have always thought of myself as a service junkie, but then I get to Area and I find myself super-charged, which I thought was impossible. There are endless possibilities within the service structure and I always feel inspired. Area brings me to a place of willingness to serve. I look forward to it twice a year. As elections progressed and the chatter of anticipation buzzed through the large conference room I felt this overwhelming desire to stand for something at the Area level. I know when I feel this way, it is my Higher Power pushing me through my fear into a place beyond my wildest dreams. In the moment it feels a little nauseating though. The next position up for election was the Triangle Editor. My undergraduate degree was in Communications with a focus in Journalism, so I was always inclined towards the position. I had approached Erin, the current editor, about a year ago asking about the position, but mostly out of curiosity. Fear kept me from entertaining the idea until the moment they asked for nominees. I briefly mentioned my interest to my DCM and she quickly popped up and nominated me. Just like that I was forced to make a decision. Go with my gut and walk through my fear, or stick with my plan. I stood for the position, running against a fellow district 61 member. When we went into the hall I said a little prayer and asked my Higher Power for His outcome, not mine. I was elected. It's a funny thing when I let go. I feel so blessed to be serving as your new Area 40 Triangle Editor this coming rotation. I know that my fear is not gone, but I have God on my side and that's the best feeling in the world. I still always have a plan, but I've found that when I let go, my plan aligns itself with that of my Higher Power. Carly G., Helena

Starting in January, Carly can be reached at: [triangle@aa-montana.org](mailto:triangle@aa-montana.org).

### TRUNCATED AREA CHAIR REPORTS

**Literature, Nick D.:** My name is Nick D. and I am an Alcoholic, and I am honored to serve as the Area 40 Literature Chair. As you recall, we had a full plate at the Spring Assembly. We had nine items to be considered. We have a request that Area 40 forward an agenda item to General Service Conference agenda to review all AA's pamphlets to identify the conflict with the 12 Traditions. I would expect this to create some great discussion in committee. Since we last met the 75<sup>th</sup> anniversary edition of the Big Book has been released, and has sold well. And we have a new pamphlet on Spirituality called Many Paths to Spirituality; you can read it on [aa.org](http://aa.org) or see one in our display. Also the pamphlet Circles of Love and Service have been updated and are now available.

# AREA COMMITTEE ELECTIONS RESULTS...Congrats!

Delegate: Libbie L.,

Alternate Delegate/Area Chair: Alex M.

Secretary: Julie R.

Treasurer: Mary Mc.

Public Information (PI)/Report & Charter Chair: Luke S.

Literature Chair: Kira A.

Treatment Facilities/Agenda Chair: Jessica E.

Archives/Area 40 Structure & Policy: Mike D.

Grapevine Chair: Chris W.

Cooperation with the Professional Community (CPC)/Trustees: Paul L.

Corrections: Jay T.

Triangle Editor: Carly G.

Webmaster: Open Position—See the Area 40 Website for a job description!

## AREA REPORTS CONTINUED

**Public Information, Luke S.:** Our hotline seemed to be sputtering really hard this spring. I received 3 complaints about it in the matter of a week and they all had to do with AnswerNet not patching the caller through to a hotline volunteer. God had given me a sign that it was time to seek a new hotline provider. I emailed DCMs, Gerry, Sharon and some other folks to let them know my interest. Our Area 40 Policy and Procedures strictly lists AnswerNet as our provider. The real buzz kill was the fact that AnswerNet owns our 1-888 number. AnswerNet seems to have picked their game up since this incident and we have only experienced one small hiccup since. If you do hear of an unsuccessful AnswerNet call, please get the time and date of the call. I attended a service workshop in District 91 and it had a great turnout! It always gets me fired up to attend and participate in these events. This rotation is nearing the end and I am truly blessed to serve Area 40.

**Corrections and Pink Can, Lee G.:** Teresa from Kalispell represented Area 40 at the recent Bridging the Gap conference in Kansas City. She came back with lots of experience shared from other areas. The June Montana State Prison conference was cancelled due to a mix-up with their staff, but we identified another staff sponsor and the conference has been re-scheduled for November 8<sup>th</sup>. I got confirmation yesterday that our application has been accepted and the conference is a go. We have 25 inmates and 25 outside AA's cleared to attend. The volunteer orientation scheduled for this weekend was canceled due to lack of applicants. The next orientation is scheduled for January 17<sup>th</sup>, 2015. Montana State Prison continues to hold weekly meetings on both the Low Security Side and at the Work Dorm. Meetings remain unavailable on the High Security Side. If you are willing to sponsor inmates through the mail, please let me know. Things are going well at the Women's prison. They are having our 3rd annual AA 12 step retreat the third weekend in October. They need speakers for the monthly Saturday night speaker meeting but they don't have any travel money to reimburse people. Men or woman can do it but they must complete an orientation. Orientations are held quarterly and are good for a year. Anyone interested should contact Moe V. at 647-5444. Meetings continue to be held around the state at other facilities, too. The Corrections Correspondence program at the General Service Office continues to look for male AA's who are willing to correspond with incarcerated inmates across the country. Since the last Area Assembly the Pink Can Fund has received \$2,911.70 in contributions. We have purchased \$2,245.80 in AA literature that has been distributed to 9 different facilities. The current Area Pink Can Fund balance is \$1,396.99 but, I will be making another large purchase by the end of the month before literature prices go up again and to avoid the shipping charge. **Please make checks out to: AREA 40 INC. Do not make checks out to the Pink Can Fund. The bank won't accept them.**

**Archives, Kira A.:** Thank you for letting me be your Area 40 archives chair for the 2013 – 2014 rotation. It truly is a privilege to have the opportunity to serve Alcoholics Anonymous in this capacity. I set out to interview old-timers in AA, not for their personal stories, but rather to make record of the general atmosphere of Alcoholics Anonymous in Montana at the time they started their sobriety. Each interview was highly structured, with identical questions being asked of each interviewee. Thank you again for this opportunity to serve Area 40.

**Area Chair, Gerry R.:** I would like to express my most sincere gratitude to the outgoing committee for two years of dedicated service. It has been a joy and a blessing to work with each of you. My gratitude also extends to all who guided me along my service path throughout these many years. As we move forward, I encourage you all to step up and support our new slate of trusted servants. They each face the daunting task of quickly learning a new position while stepping forward as a leader, often in an area in which they have little practical experience. Please take to heart the lesson that we learned over the course of this last Assembly – We can do together what we could not do separately.

**Friday Leadership Sharing Session, Terry S.:** Suit up and Show up! The first phrase is often heard at regular A.A. meetings, because recovery begins with this action. I want to suggest that unity, and service, and leadership (in all three of our legacies) all begin with this action.

**Archivist, Earl F.:** I am happy to report to you that the archives collection is safe, clean and dry. I attended the Area 40 Roundup at Fairmont Hot Springs with a display, as well as the Fall Round-Up in Great Falls. I was able to host the District 72 Archives Chair and Treatment Chair for a visit to the Archives Repository. I have started moving files to our long term storage preparing for the upcoming rotation. There is still time for Districts to send me minutes from their District meetings and activities over this latest rotation. I have plans to purchase a scanner that will aid me in digitizing our records, with the funds available in the current Archivist account. Please include me on your email lists and remember that I would be glad to attend your activities with a display or presentation. If you are ever in the Ennis area and would like to view our collection, please call and schedule a visit.

**CPC, Serena R.:** I am sincerely apologetic for not making this last meeting of the Area 40 Assembly. I did submit an article for the Winter 2014 PI/CPC News Exchange last month. The News Exchange notes the current quarterly activity on a National level of PI and CPC work. There was a CPC presentation with a couple of Professionals in attendance in Great Falls, MT in mid June that I hear was very successful. The Area Committee members are currently gathering email addresses for the top employers in their Districts (or Counties) to send a sort of email blast about Alcoholics Anonymous and CPC work in the state. DCM's and CPC Chairs - Please keep me informed of any CPC events in your Districts and I will do my best to get the word out or attend myself.

**Triangle, Erin G.:** The Triangle is scheduled to publish 8 issues per calendar year. So far we are on track with 6 of the issues completed. If you'd like to contribute an article please let me know. I'd be happy to print it. The Triangle is mailed out to every group in Area 40 that provides group contact information. By past action there is a \$10 subscription fee, however, your group will still receive a Triangle even if that hasn't been paid. Sometimes a group will pay their subscription fee, and then their contact information is out of date, due to a GSR change, a GSR moving, a group moving, or some other reason. This means that the Triangle is returned-to-sender at double the postage cost. Any group with outdated contact information is removed from the mailing list until new info is updated. Thank you for allowing me to serve.

**Finance, Libbie L.:**

<b>Checkbook Balance</b>	\$18,493.93
<b>Prudent Reserve</b>	\$10,313.33
<b>Archives Account</b>	\$591.64
<b>Operating Balance</b>	\$7,588.96

**DCM Breakout Session Highlight:** When having a difficult time getting participation in the district service structure, how can we encourage people to get involved? a) Team building exercise/workshop. b) Find people with passion/enthusiasm and encourage them to chase it. c) Define our district's service positions and policies clearly, written down in black and white, in the District Guidelines. d) Setting unified goals together and reviewing progress over time. e) Feed them. f) Assign GSR's to serve on a District Standing Committee. g) Timing of your workshop.... and feed them. h) Utilize the power of sponsorship to encourage participation. i) Make it fun!

**Delegate, Sharon S.:** I have personally visited all of the districts to report on the conference. This really is the best part of this service position, spending time with you and AA members in your districts. Registration for the International Convention July 2 – 5 in Atlanta opened September 3. I am registered and hope to see you there. The General Service Board met in August and decided a few things:

## DCM REPORTS TRUNCATED

**District 11, Mike D.:** We have 20 active groups; 16 of them are in Billings. Our newest is the Peace In Every Step Group. Recently two of our groups have decided to combine forces in the interest of strengthening their aim at carrying the message to many newcomers! The Traditions Group, and Yellowstone Group have taken the name of "The Triumphant Arch Group" and have kept the Traditions Group's historical group service number. We also have groups in Roundup, Lockwood, Huntley, Hardin, and Pryor. You can find all of our meetings' updated information on the Area 40 Website. Our monthly District Business Meeting takes place on the second Saturday of each month at 10:00am at 2439 Colton Blvd, Billings, MT. District 11 has had significantly low operating funds, and has been almost \$1,000 below prudent reserve for several months. Our groups have begun to answer the call and we have been making a steady financial incline for the past couple months. In May we had a great opportunity to reconnect with the administration at Rimrock Foundation, since leadership had a change in hands a couple years back. The District has held several social and service events, too.

**District 41 ChrisW.:** consists of central Montana mainly in Cascade County and extending to the east, to include Lewistown, to the north, Fort Benton, and to the south, the city of Cascade. Currently there are meetings 7 days a week in Great Falls, which is the majority of our district. This summer we had a successful Founder's Day celebration. We were pleased to host our Delegate, Sharon S., in August. We had a great turnout for the Unity campout in Monarch, MT.

**District 42, Brynn C:** I am honored to be representing District 42, a position I was elected to, two months ago. District 42 stretches west to East Glacier Park, east to Shelby, South to Choteau, North to the Canadian border. Our district meeting is every third Sunday of the month between 3 and 5 pm at the Marias Medical Center in Shelby. Weekly our district offers 30 meetings in our combined seven communities--seven of which take place in Browning's Crystal Creek Treatment Center. Meetings are held in the Shelby prison and there are great efforts being made to increase the connection between corrections departments and AA in the District. Our district sometimes struggles to find trusted servants and thus special events have been hard to come by. Some ideas for future events include: service and traditions workshops and reaching out to members of Alcoholics Anonymous north of the border. Each community tries to hold some kind of holiday potluck and speaker meeting.

**District 61, Karla B.:** District 61 has over 100 meetings a week in the communities of Helena, East Helena, Elliston, Boulder, Lincoln, Townsend, White Sulphur Springs, and other areas in between. We are an active district, serving in 3 county jails, Montana State Prison, Watch program, MCDC, Pre-Release, Elkhorn Treatment Center, Boyd Andrew Treatment, and other facilities. District 61 hosted their annual Grapefest this summer. We will be hosting our annual Attitude of Gratitude November 15, 2014 at the Helena Red Lion Colonial Inn. We are hosting the 2015 Spring Round Up May 15-17, also at the Helena Red Lion Colonial Inn. We invite you to join us for a meeting or event if you find yourself in the Helena area.

**District 71, Betty P.:** Our district is doing great! We have meetings in Dillon, Anaconda, Phillipsburg, Deer Lodge, Butte, Sheridan, Twin Bridges, Georgetown Lake and Whitehall. We have three new groups in Butte and we have 25 groups and 80 meetings per week in our district. MCDC, the treatment center, has permitted AA to have weekly speaker meetings for a long time. Starting a couple months ago, we are able to bring in AA meetings weekly, one evening for the women and another evening for the men. We had a picnic at Benny Goodman Park in Anaconda on Aug 2<sup>nd</sup>. This was our annual Delegates Day event at which Sharon gave her report.

**District 72, Ray M.:** I have had many good and bad experiences As DCM. It is a job that has helped me grow as a person and has made me appreciate a lot of things that go into running our program for the benefit of all AA's. I would really like to thank all of you for this journey. District 72 is a very active district with many good AA's providing a wide range of services to the alcoholic community in our area.

**District 81, Sherry C.:** District 81 continues to take meetings into the Missoula County Jail, both the women's and men's sides, despite the limited number of people allowed to take the yearly training course. Treatment takes meetings into MCDC, the Teen Recovery Center, the Providence Center's mental health ward, and the Missoula Recovery Center, a residential treatment center. Our Bridging the Gap Chair continues to do a great job of hooking up newly released recovering individuals with contacts in our District. September is Recovery Month and AA will have a table at the Recovery Day events on September 25<sup>th</sup> in Caras Park. The event is not affiliated nor associated with the organizer and the press has been informed of our anonymity requirements. In October, District will be hosting a workshop on "Keeping AA Safe".

**District 91, Paul L.:** The groups in District 91 support meetings to the Wilderness Treatment Center, Pathways Treatment facility and the County Jail. Many of the groups in the District hosted campouts over the summer. In July I attended the Western Regional Forum in Boise. We re-started a Service Workshop that was began many years ago by past Delegate Robbie Sullivan and others. This workshop consisted of a panel presentation by 4 members of the Area 40 Committee and a past Delegate. Some of the upcoming events being held in the District are the Fall Refresher, the Christmas and New Years Alcathons and the annual Into Action event in February. An upcoming Roundup in 2015 will also be held in District 91.

**District 23 Mary M.:** Includes the towns of: Circle, Glendive, Savage, Sidney and Fairview. We bring meetings to the County Jail, have a Bridging the Gap Coordinator for Watch East and bring meetings into that facility, too. Glendive hosted Lower Yellowstone Soberfest the 3rd weekend in August. Welcome Home Group hosted two potluck picnics this summer. They will be hosting a Halloween Potluck in Savage on 11/1 @ 4:00 pm.

**District 12, Daniel M.:** District 12 is composed of groups from Absarokee, Bridger, Big Timber, Columbus, Fromberg, Harlowtown, Joliet, Laurel, and Red Lodge. We celebrated our recovery together at the Fireman's Point Campout at Columbus in August. We had a beautiful motorcycle riding day for our Sober Old Bikers poker run, and enjoyed a meeting together in Nye by the river. We shared Spam recipes in our annual Spam Cookoff and marveled at the diversity that this modest meat provides. Our friends from District 11 cooked a wonderful breakfast and Sharon S. delivered her delegates report to our small band of servants.

**District 31, Kathie B.:** We have meetings in Broadus, Colstrip, Forsyth, Jordan, Ashland, Baker, Terry, Busby, Lame Deer, and Miles City. We had our district elections and filled all our positions for this rotation.

**District 93, Mike M.:** District 93 extends from Lolo to Conner. District 93 currently has 13 groups with 29 meetings offered each week. The Bitterroot Picnic and Campout was held in late June at Como Lake. Sharon S. gave an informative Delegate's report, and we really appreciate her taking the time to travel and talk with us. In July, Norm's picnic was held on the West Fork of the Bitterroot River. We are grateful to Andrew W for speaking to the attendees. We are currently gearing up to host a Halloween party in October.

## HOW DID YOU FIND A.A.?

My name is Sharon S. and I am an alcoholic. It is my honor and responsibility to serve as your delegate to the 63<sup>rd</sup> and 64<sup>th</sup> General Service Conference. What an honor and pleasure this is. Lately I've been thinking about how I got to my first meeting.

First, I was in utterly hopeless condition. I don't think I looked that bad, as I am pretty good at looking good, but my outsides are no indication of what is going on inside! I had been going to counseling with a family therapist for about a year and when I mentioned I might have a problem with alcohol, he knew right where to send me! How did he know where to send me (down to the time that night and address; he was not alcoholic, nor was he a chemical dependency counselor)?

How did you get here? Do the professionals in your life today know about A.A., where we are and what we are and what we are not and where to find us? Do they have current information on A.A. and meeting schedules or the link to the meeting locator on [aa-montana.org](http://aa-montana.org)?

Then when I got here, people drew me right into the middle. I was given a little service position that gave me my first experience of the principle of participation, then more responsible ones as I stayed around longer. I asked a woman to sponsor me and she invited me along with her to A.A. events, meetings, service meetings always encouraging me, but perhaps most important for me, was an example of our three legacies and being an active member of A.A. I am grateful and try to pass these things along to women I sponsor.

I have a few news items to share with you about decisions and activities further down in the service structure that have happened in the last couple of months:

The General Service Board met in August and decided a few things:

- Literature prices increased October 1 and shipping charges decreased
- G.S.O. will stay in New York City and begin to remodel the 11<sup>th</sup> floor of the Interchurch Building to better use the space available and share it with the Grapevine
- A drawdown of up to \$1.3 million from the Reserve Fund to move forward with the remodel project
- The AAWS Board met in September. They had a strategic planning session and want the fellowship to know they have realized that ***"depending on literature profits to make up the shortfall of contributions is not a sustainable model to remain self-supporting"***. In addition to communication about the numbers, they will strive to communicate the value of the 7<sup>th</sup> Tradition and will be including '7<sup>th</sup> Tradition stories' in the Grapevine, Box 4-5-9 and contribution acknowledgements. If you have a ***7<sup>th</sup> Tradition in Action*** story to share, please send it to: Sandra Wilson, 475 Riverside Dr Ste 1100, NY, NY 10115 or [wilsons@aa.org](mailto:wilsons@aa.org).

I am having the time of my life in A.A., thank you for allowing me to serve and enhance and enlarge my spiritual condition in this way.

Yours in Love and Service,

## **2014 Area 40 Events Calendar**

- \*\*Women's Retreat, Flathead Lake, October 31st-2nd**
- \*\* Welcome Home Group Event, Savage, November 1st**
- \*\*Prison Mini-Conference, MSP Deerlodge, November 8th**
- \*\*Attitude of Gratitude, Helena, November 15th**
- \*\* MSP Volunteer Orientation, Anaconda, January 17th**
- \*\*Into Action Weekend, Creston (near Kalispell), February 13th-14th**
- \*\* Pockets of Enthusiasm, Helena, March 20th-21st**
- \*\*12 Step Study, Great Falls, April 11th**
- \*\*Spring Round Up, Helena, May 15th-17th**
- \*\* Fall Round Up, Kalispell, October 9th-11th**
- \*\* The Big Book Breakdown, Kalispell, July 2nd-4th 2015**

For flyers and information see the calendar on [aa-montana.org](http://aa-montana.org).

If you'd like your activity to be included in the Triangle (and on the Area 40 website) please email it to [calendar@aa-montana.org](mailto:calendar@aa-montana.org).



POSITION	NAME				EMAIL
Delegate	Sharon .S				<a href="mailto:delegate@aa-montana.org">delegate@aa-montana.org</a>
Area Chair/Alt Delegate	Gerry R.				<a href="mailto:chair@aa-montana.org">chair@aa-montana.org</a>
Secretary	Mary M.				<a href="mailto:secretary@aa-montana.org">secretary@aa-montana.org</a>
Treasurer	Libbie L.				<a href="mailto:treasurer@aa-montana.org">treasurer@aa-montana.org</a>
Archives	Kira A.				<a href="mailto:archives@aa-montana.org">archives@aa-montana.org</a>
CPC	Serena R.				<a href="mailto:cpc@aa-montana.org">cpc@aa-montana.org</a>
Corrections	Lee G.				<a href="mailto:corrections@aa-montana.org">corrections@aa-montana.org</a>
Grapevine	Sam B.				<a href="mailto:grapevine@aa-montana.org">grapevine@aa-montana.org</a>
Literature	Nick D.				<a href="mailto:literature@aa-montana.org">literature@aa-montana.org</a>
Public Information	Luke S.				<a href="mailto:pi@aa-montana.org">pi@aa-montana.org</a>
Treatment	Brandon M.				<a href="mailto:treatment@aa-montana.org">treatment@aa-montana.org</a>
Triangle Editor	Erin G.				<a href="mailto:triangle@aa-montana.org">triangle@aa-montana.org</a>

DCMs	NAME				EMAIL
District 11	Mike D.				<a href="mailto:dcm11@aa-montana.org">dcm11@aa-montana.org</a>
District 12	Daniel M.				<a href="mailto:dcm12@aa-montana.org">dcm12@aa-montana.org</a>
District 21	Joe G.				<a href="mailto:dcm21@aa-montana.org">dcm21@aa-montana.org</a>
District 23	Mary M.				<a href="mailto:dcm23@aa-montana.org">dcm23@aa-montana.org</a>
District 31	Kathy B.				<a href="mailto:dcm31@aa-montana.org">dcm31@aa-montana.org</a>
District 41	Chris W.				<a href="mailto:Dcm41@aa-montana.org">Dcm41@aa-montana.org</a>
District 42	Brynn M.				<a href="mailto:dcm42@aa-montana.org">dcm42@aa-montana.org</a>
District 51	Dan F.				<a href="mailto:dcm51@aa-montana.org">dcm51@aa-montana.org</a>
District 61	Karla B.				<a href="mailto:dcm61@aa-montana.org">dcm61@aa-montana.org</a>
District 71	Betty P.				<a href="mailto:dcm71@aa-montana.org">dcm71@aa-montana.org</a>
District 72	Ray M.				<a href="mailto:dcm72@aa-montana.org">dcm72@aa-montana.org</a>
District 81	Sherry C.				<a href="mailto:dcm81@aa-montana.org">dcm81@aa-montana.org</a>
District 91	Paul L.				<a href="mailto:dcm91@aa-montana.org">dcm91@aa-montana.org</a>
District 93	Mike M..				<a href="mailto:dcm93@aa-montana.org">dcm93@aa-montana.org</a>

NON-VOTING	NAME				EMAIL
Advisor	Terry S.				<a href="mailto:advisor@aa-montana.org">advisor@aa-montana.org</a>
Archivist	Earl F.				<a href="mailto:archivist@aa-montana.org">archivist@aa-montana.org</a>
Webmaster	Alex M.				<a href="mailto:webmaster@aa-montana.org">webmaster@aa-montana.org</a>

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