

HELENA AA MEETINGS		WEDNESDAY CONT.		FRIDAY CONT.		ONLINE MEETINGS USING ZOOM	
<u>MONDAY</u>		12:00pm FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula Ave, Rear Entrance		12:00pm FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula, Rear Entrance		www.aa-montana.org	
6:55am	BIG BOOK FOR BREAKFAST Wilson House, 1376 Linden	12:00pm CHANGE OF PACE (c) (h) 12x12 Study, Plymouth Church, 500 S Oakes St		12:00pm SISTER 2 SISTER Women Only (o) (h) Alano Club, 1432 Gallatin Ave		Sunday 12:00pm	IT’S IN THE BOOK
9:00a	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	12:00pm WEDNESDAY MEN’S NOON GROUP (c) (h) Wilson House, 1376 Linden St		12:00pm WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave		Monday & Thursday 6:55am	BIG BOOK BREAKFAST
10:45am	WOMEN IN RECOVERY (c) (h) St. Paul’s Methodist, 80 E Lawrence St	12:00pm WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave		5:30pm HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave		Monday 7:00pm	LAST CHANCE RECOVERY
12:00pm	FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula Ave, Rear Entrance	5:30pm HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave		6:30 pm RECOVERY SPEAKS (o) (h) Speaker, Wilson House, 1376 Linden		Last Sunday of the month 7:00pm	FELLOWSHIP GROUP
12:00pm	CHANGE OF PACE (c) (h) Book Study, Plymouth Church, 500 S Oakes St	7:00pm PRIMARY PURPOSE BEGINNERS (o) Salvation Army, 1905 Henderson St		8:00pm NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave		Wednesday 7:00pm	FIRESIDE GROUP
12:00pm	SISTER 2 SISTER (o) (h) Women Only, Alano Club, 1432 Gallatin Ave	7:00pm WEDNESDAY NIGHT STEP STUDY 1 st Baptist Church, 359 N Warren (c)		<u>SATURDAY</u>		Wednesday 7:00 pm	MOUNTAIN PACIFIC
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave	7:00pm MOUNTAIN PACIFIC (o) (h) Wilson House, 1376 Linden		9:00am ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave		Friday 6:55am	LIVING IN THE SOLUTION
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave,	8:00pm FIRESIDE GROUP (o) (h) Plymouth Church, 400 S Oakes		9:00am SATURDAY MEN’S MEETING (c) (h) Wilson House, 1376 Linden St		Friday 6:30pm	RECOVERY SPEAKS
7:00pm	LAST CHANCE RECOVERY (c) 1 st Christian Church, 311 Power St	8:00pm NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave		10:00am EARLY BIRD BREAKFAST The Bagel Co, 735 N. Last Chance Gulch		Monday 7:00pm	GOOD GRIEF GREAT MEETING HIGHER POWER
7:00pm	MEN’S BOOK STUDY (c) Salvation Army, 1905 Henderson St	<u>THURSDAY</u>		12:00pm CHANGE OF PACE (c) (h) Book Study, Plymouth Church, 500 S Oakes		<u>OUTSIDE HELENA AREA</u>	
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave	9:00am ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave		12:00pm FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula, Rear Entrance		Tuesday 5:30pm	ACCESS TO FREEDOM (o) (h) Shepard of the Valley, 301 N Cherry
<u>TUESDAY</u>		12:00pm FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula, Rear Entrance		12:00pm WE CARE GROUP (c) (h) 12X12 Study, Alano Club, 1432 Gallatin Ave		Friday 12:00pm	ACCESS TO FREEDOM (o) (h) Shepard of the Valley, 301 N Cherry
9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	12:00pm CHANGE OF PACE (c) (h) Plymouth Church, 500 S Oakes		5:30pm HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave		Thursday 6:00pm	OVER THE HILL GROUP (c) Senior Center, 201 S Main, Lower
12:00pm	FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula Ave, Rear Entrance	12:00pm WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave		7:00pm PRIMARY PURPOSE (o) Salvation Army, 1905 Henderson St		Elliston	LITTLE BLACKFOOT GROUP (o) Elliston School Basement
12:00pm	CHANGE OF PACE (o) (h) Meditation, Plymouth Church, 500 S Oakes St	5:30pm HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave		8:00pm NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave		Tuesday 7:00pm	IT WORKS (o) (h) VA Outpost, 403 Main St
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave	7:00pm VALLEY BIG BOOK (o) New Life Lutheran, 5980 N Montana		<u>SUNDAY</u>		Thursday 6:00pm	WHITE SULPHUR SPRINGS GP (o) Yoked Parish Lutheran, 411 E Jefferson
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave	7:00pm IT’S IN THE BOOK (o) (h) Speaker, 1 st Presbyterian, 535 N Ewing		9:00am ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave		Friday 7:00pm	
6:30pm	LAST CHANCE GROUP (c) (h) Rm 4 Back Our Redeemer Lutheran, 3580 N Benton Ave,	7:00pm FELLOWSHIP GROUP (c) (h) St Paul’s Methodist, 80 E Lawrence		12:00pm WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave			
7:00pm	STREAM OF LIFE (o) (h) Wilson House, 1376 Linden St	7:00pm STREAM OF LIFE (c) (h) Wilson House, 1376 Linden		2:00pm CHANGE OF PACE (o) (h) Meditation, Plymouth Church, 500 S Oakes			
7:00pm	HOW & WHY OF IT WOMEN’S (o) (h) St. Peter’s Cathedral, 511 N. Park Ave - upstairs	8:00pm NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave		5:00 pm SPIRITUAL SEEKERS WOMEN’S (o)(h) Alano Club, 1432 Gallatin Ave			
7:00pm	FELLOWSHIP GROUP (o) (h) (cc) St. Paul’s Methodist, 80 E Lawrence St, library	<u>FRIDAY</u>		5:30pm HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave			
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave	6:55 am LIVING IN THE SOLUTION Bagel Co, 735 N Last Chance Gulch		7:00pm FELLOWSHIP GROUP (c) (h) St. Paul’s Methodist, 80 E Lawrence, Library			
<u>WEDNESDAY</u>		9:00am ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave		8:00pm NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave			
9:00 am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	12:00pm CHANGE OF PACE (o) (h) Discussion, Plymouth Church, 500 S Oakes					

Please call us anytime to talk or if you need a ride

[illegible]

January 2026

PO Box 805
Helena, MT 59624

MT Statewide AA Tollfree Hotline
833-800-8553

AA Website and Online Meeting Information
www.aa-montana.org

In Person- First Presbyterian Church
Hybrid- Zoom ID: 886 9941 1431 Passcode: 856260
6:30 PM 1st Thursday of the each month

ALANON Website and Online Meeting Info*
www.mt.al-anon.alateen.org

Online: Zoom ID: 858 0794 5817 Passcode: 134066
5:30 PM 2nd Thursday of each month

NW Corner of Gallatin & Sanders, E of Alano Club

11:30-1:30 Monday, Thursday, Friday and
Saturday

12:00-2:00 Tuesday
12:00-2:00 Wednesday
11:30-1:30 Saturday

*In cooperation, not affiliation

3:30pm **SUPER SUNDAY**

MONDAY
12:00pm **T.G.I.A**
Susanna's Place, 512 Logan, Helena

7:00pm **MONDAY STEP STUDY**
Wilson House, 1375 Linden

12:00pm **T.G.I.A**
Susanna's Place, 512 Logan, Helena

7:30pm **DISCOVERING CHOICES**
1st Presbyterian, 535 N Ewing

12:00pm **T.G.I.A**
Susanna's Place, 512 Logan, Helena

5:30pm **FROM SURVIVAL TO RECOVERY**
Wilson House, 1376 Linden

10:00am **LIVING OUR LIVES AFG**
St. Paul's Methodist, 512 Logan

6:45pm **LEMON HEADS ALATEEN**
Wilson House, 1376 Linden

12:00pm **T.G.I.A**
Susanna's Place, 512 Logan, Helena

* In cooperation, not affiliation

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

(c) Closed Meetings (Alcoholics only)
(o) Open Meetings (Non-Alcoholics may attend)
(h) Handicap Accessible (cc) Child Care

District 61- PO Box 805, Helena, MT 59624
Area 40- PO Box 155, Bozeman, MT 59771
GSO- PO Box 459, Grand Central Station, NY, NY 10163