

HELENA AA MEETINGS

MONDAY	
6:55am	BIG BOOK FOR BREAKFAST Wilson House, 1376 Linden
9:00a	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave
10:45am	WOMEN IN RECOVERY (c) (h) St. Paul's Methodist, 80 E Lawrence St
12:00pm	FREE FOR LUNCH (c) (h) St. Mary's, 1700 Missoula Ave, Rear Entrance
12:00pm	CHANGE OF PACE (c) (h) 12x12 Study, Plymouth Church, 500 S Oakes St
12:00pm	WEDNESDAY MEN'S NOON GROUP (c) (h) Wilson House, 1376 Linden St
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave
7:00pm	PRIMARY PURPOSE BEGINNERS (o) Salvation Army, 1905 Henderson St
7:00pm	WEDNESDAY NIGHT STEP STUDY 1 st Baptist Church, 359 N Warren (c)
7:00pm	MOUNTAIN PACIFIC (o) (h) Wilson House, 1376 Linden
8:00pm	FIRESIDE GROUP (o) (h) Plymouth Church, 400 S Oakes
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave
TUESDAY	
9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave
12:00pm	FREE FOR LUNCH (c) (h) St. Mary's, 1700 Missoula, Rear Entrance
12:00pm	CHANGE OF PACE (c) (h) Plymouth Church, 500 S Oakes
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave
7:00pm	VALLEY BIG BOOK (o) New Life Lutheran, 5980 N Montana
7:00pm	IT'S IN THE BOOK (o) (h) Speaker, 1 st Presbyterian, 535 N Ewing
7:00pm	FELLOWSHIP GROUP (c) (h) St Paul's Methodist, 80 E Lawrence
7:00pm	STREAM OF LIFE (c) (h) Wilson House, 1376 Linden
7:00pm	HOW & WHY OF IT WOMEN'S (o) (h) St. Peter's Cathedral, 511 N. Park Ave - upstairs
7:00pm	FELLOWSHIP GROUP (o) (h) (cc) St. Paul's Methodist, 80 E Lawrence St, library
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave
WEDNESDAY	
9:00 am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave

WEDNESDAY CONT.

12:00pm	FREE FOR LUNCH (c) (h) St. Mary's, 1700 Missoula Ave, Rear Entrance
12:00pm	CHANGE OF PACE (c) (h) 12x12 Study, Plymouth Church, 500 S Oakes St
12:00pm	WEDNESDAY MEN'S NOON GROUP (c) (h) Wilson House, 1376 Linden St
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave
7:00pm	PRIMARY PURPOSE BEGINNERS (o) Salvation Army, 1905 Henderson St
7:00pm	WEDNESDAY NIGHT STEP STUDY 1 st Baptist Church, 359 N Warren (c)
7:00pm	MOUNTAIN PACIFIC (o) (h) Wilson House, 1376 Linden
8:00pm	FIRESIDE GROUP (o) (h) Plymouth Church, 400 S Oakes
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave
THURSDAY	
9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave
12:00pm	FREE FOR LUNCH (c) (h) St. Mary's, 1700 Missoula, Rear Entrance
12:00pm	CHANGE OF PACE (c) (h) Plymouth Church, 500 S Oakes
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave
7:00pm	VALLEY BIG BOOK (o) New Life Lutheran, 5980 N Montana
7:00pm	IT'S IN THE BOOK (o) (h) Speaker, 1 st Presbyterian, 535 N Ewing
7:00pm	FELLOWSHIP GROUP (c) (h) St Paul's Methodist, 80 E Lawrence
7:00pm	STREAM OF LIFE (c) (h) Wilson House, 1376 Linden
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave
FRIDAY	
6:55 am	LIVING IN THE SOLUTION Bagel Co, 735 N Last Chance Gulch
9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave
12:00pm	CHANGE OF PACE (o) (h) Discussion, Plymouth Church, 500 S Oakes

FRIDAY CONT.

12:00pm	FREE FOR LUNCH (c) (h) St. Mary's, 1700 Missoula, Rear Entrance
12:00pm	SISTER 2 SISTER Women Only (o) (h) Alano Club, 1432 Gallatin Ave
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave
6:30 pm	RECOVERY SPEAKS (o) (h) Speaker, Wilson House, 1376 Linden
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave
SATURDAY	
9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave
9:00am	SATURDAY MEN'S MEETING (c) (h) Wilson House, 1376 Linden St
10:00am	EARLY BIRD BREAKFAST The Bagel Co, 735 N. Last Chance Gulch
12:00pm	CHANGE OF PACE (c) (h) Book Study, Plymouth Church, 500 S Oakes
12:00pm	FREE FOR LUNCH (c) (h) Salvation Army, 1905 Henderson St
12:00pm	WE CARE GROUP (c) (h) St. Mary's, 1700 Missoula, Rear Entrance
12:00pm	12X12 Study, Alano Club, 1432 Gallatin Ave
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave
7:00pm	PRIMARY PURPOSE (o) Salvation Army, 1905 Henderson St
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave
SUNDAY	
9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave
2:00pm	CHANGE OF PACE (o) (h) Meditation, Plymouth Church, 500 S Oakes
5:00 pm	SPIRITUAL SEEKERS WOMEN'S (o)(h) Alano Club, 1432 Gallatin Ave
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave
7:00pm	FELLOWSHIP GROUP (c) (h) St. Paul's Methodist, 80 E Lawrence, Library
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave

ONLINE MEETINGS USING ZOOM

www.aa-montana.org	IT'S IN THE BOOK
Sunday 12:00pm	
Monday & Thursday 6:55am	BIG BOOK BREAKFAST
Monday 7:00pm	LAST CHANCE RECOVERY
Last Sunday of the month 7:00pm	FELLOWSHIP GROUP
Wednesday 7:00pm	FIRESIDE GROUP
Wednesday 7:00 pm	MOUNTAIN PACIFIC
Friday 6:55am	LIVING IN THE SOLUTION
Friday 6:30pm	RECOVERY SPEAKS
Monday 7:00pm	GOOD GRIEF GREAT MEETING HIGHER POWER
OUTSIDE HELENA AREA	
<u>Townsend</u>	
Tuesday 5:30pm	ACCESS TO FREEDOM (o) (h) Shepard of the Valley, 301 N Cherry
Friday 12:00pm	ACCESS TO FREEDOM (o) (h) Shepard of the Valley, 301 N Cherry
<u>Boulder</u>	
Thursday 6:00pm	OVER THE HILL GROUP (c) Senior Center, 201 S Main, Lower
<u>Elliston</u>	
Tuesday 7:00pm	LITTLE BLACKFOOT GROUP (o) Elliston School Basement
<u>Lincoln</u>	
Thursday 6:00pm	IT WORKS (o) (h) VA Outpost, 403 Main St
<u>White Sulphur Springs</u>	
Friday 7:00pm	WHITE SULPHUR SPRINGS GP (o) Yoked Parish Lutheran, 411 E Jefferson

Welcome to the Helena Area

Please call us anytime to talk or if you need a ride

NAME _____ Phone # _____

MEETINGS OF ALCOHOLICS ANONYMOUS (SS) & ALANON FAMILY GROUPS (AFG)

January 2026

Helena AA/ District 61

PO Box 805
Helena, MT 59624

MT Statewide AA Tollfree Hotline

833-800-8553

AA Website and Online Meeting Information

www.aa-montana.org

AA District Meeting

In Person- First Presbyterian Church
Hybrid- Zoom ID: 886 9941 1431 Passcode: 856260
6:30 PM 1st Thursday of the each month

Helena AL-ANON/ District 11*

ALANON Website and Online Meeting Info*

www.mt.al-anon.alateen.org

AL-ANON District Meeting*

Online: Zoom ID: 858 0794 5817 Passcode: 134066
5:30 PM 2nd Thursday of each month

Literature Store

NW Corner of Gallatin& Sanders, E of Alano Club

AA Hours

11:30-1:30 Monday, Thursday, Friday and
Saturday

Alanon Hours*

12:00-2:00 Tuesday
12:00-2:00 Wednesday
11:30-1:30 Saturday

*In cooperation, not affiliation

MEETINGS OF AL-ANON FAMILY GROUPS*

SUNDAY

3:30pm **SUPER SUNDAY**
Susanna's Place, 512 Logan, Helena

MONDAY

12:00pm **T.G.I.A**
Susanna's Place, 512 Logan, Helena
7:00pm **MONDAY STEP STUDY**
Wilson House, 1375 Linden

TUESDAY

12:00pm **T.G.I.A**
Susanna's Place, 512 Logan, Helena
7:30pm **DISCOVERING CHOICES**
1st Presbyterian, 535 N Ewing

WEDNESDAY

12:00pm **T.G.I.A**
Susanna's Place, 512 Logan, Helena
5:30pm **FROM SURVIVAL TO RECOVERY**
Wilson House, 1376 Linden

THURSDAY

10:00am **LIVING OUR LIVES AFG**
St. Paul's Methodist, 512 Logan
6:45pm **LEMON HEADS ALATEEN**
Wilson House, 1376 Linden

FRIDAY

12:00pm **T.G.I.A**
Susanna's Place, 512 Logan, Helena

* In cooperation, not affiliation

AA PREAMBLE

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

(c) Closed Meetings (Alcoholics only)

(o) Open Meetings (Non-Alcoholics may attend)

(h) Handicap Accessible (cc) Child Care

AA Splits

District 61- PO Box 805, Helena, MT 59624

Area 40- PO Box 155, Bozeman, MT 59771

GSO- PO Box 459, Grand Central Station, NY, NY 10163