

HELENA AA MEETINGS		WEDNESDAY CONT.		FRIDAY CONT.		ONLINE MEETINGS USING ZOOM	
<u>MONDAY</u>		12:00pm FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula Ave, Rear Entrance		12:00pm FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula, Rear Entrance		www.aa-montana.org	
6:55am	BIG BOOK FOR BREAKFAST Wilson House, 1376 Linden	12:00pm	CHANGE OF PACE (c) (h) 12x12 Study, Plymouth Church, 500 S Oakes St	12:00pm	SISTER 2 SISTER Women Only (o) (h) (D) St. Paul’s Methodist, 80 E Lawrence, library	Sunday 12:00pm	IT’S IN THE BOOK
9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	12:00pm	WEDNESDAY MEN’S NOON GROUP (c) (h) Wilson House, 1376 Linden St	12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave	Monday & Thursday 6:55am	BIG BOOK BREAKFAST
12:00pm	FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula Ave, Rear Entrance	12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave	5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave	Monday 7:00pm	LAST CHANCE RECOVERY
12:00pm	CHANGE OF PACE (c) (h) Book Study, Plymouth Church, 500 S Oakes St	5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave	6:30 pm	RECOVERY SPEAKS (o) (h) Speaker, Wilson House, 1376 Linden	Last Sunday of the month 7:00pm	FELLOWSHIP GROUP
12:00pm	SISTER 2 SISTER Women Only (o) (h) (B) St. Paul’s Methodist, 80 E Lawrence, library	7:00pm	PRIMARY PURPOSE BEGINNERS (o) Salvation Army, 1905 Henderson St	8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave		
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave	7:00pm	WEDNESDAY NIGHT STEP STUDY 1 st Baptist Church, 359 N Warren (c)	<u>SATURDAY</u>		Wednesday 7:00pm	FIRESIDE GROUP
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave,	7:00pm	MOUNTAIN PACIFIC (o) (h) Wilson House, 1376 Linden	9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	Wednesday 7:00 pm	MOUNTAIN PACIFIC
7:00pm	LAST CHANCE RECOVERY (c) (h) 1 st Christian Church, 311 Power St	8:00pm	FIRESIDE GROUP (o) (h) Plymouth Church, 400 S Oakes	9:00am	SATURDAY MEN’S MEETING (c) (h) Wilson House, 1376 Linden St		
7:00pm	MEN’S BOOK STUDY (c) Alano Club, 1432 Gallatin Ave	8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave	9:30am	EARLY BIRD BREAKFAST The Bagel Co, 735 N. Last Chance Gulch	Friday 6:55am	LIVING IN THE SOLUTION
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave	<u>THURSDAY</u>		12:00pm	CHANGE OF PACE (c) (h) Discussion, Plymouth Church, 500 S Oakes Salvation Army, 1905 Henderson St	Friday 6:30pm	RECOVERY SPEAKS
<u>TUESDAY</u>		9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	12:00pm	FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula, Rear Entrance	AL-ANON	
9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	12:00pm	FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula, Rear Entrance	12:00pm	WE CARE GROUP (c) (h) 12X12 Study, Alano Club, 1432 Gallatin Ave	Monday 7:00pm	GOOD GRIEF
12:00pm	FREE FOR LUNCH (c) (h) St. Mary’s, 1700 Missoula Ave, Rear Entrance	12:00pm	CHANGE OF PACE (c) (h) 11 th Step Plymouth Church, 500 S Oakes	5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave	Thursday & Sunday 6:45 am	GREAT MEETING HIGHER POWER
12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave	12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave	7:00pm_	PRIMARY PURPOSE (o) Salvation Army, 1905 Henderson St	<u>OUTSIDE HELENA AREA</u>	
5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave	5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave	8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave	<u>Townsend</u>	
6:30pm	LAST CHANCE GROUP (c) (h) Rm 4 Back Our Redeemer Lutheran, 3580 N Benton Ave,	7:00pm	IT’S IN THE BOOK (o) (h) Speaker, 1 st Presbyterian, 535 N Ewing	<u>SUNDAY</u>		Tuesday 5:30pm	ACCESS TO FREEDOM (o) (h) Shepard of the Valley, 301 N Cherry
7:00pm	STREAM OF LIFE (o) (h) Wilson House, 1376 Linden St	7:00pm	FELLOWSHIP GROUP (c) (h) St Paul’s Methodist, 80 E Lawrence	9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	Friday 12:00pm	ACCESS TO FREEDOM (o) (h) Shepard of the Valley, 301 N Cherry
7:00pm	HOW & WHY OF IT WOMEN’S (o) (h) St. Peter’s Cathedral, 511 N. Park Ave - upstairs	8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave	12:00pm	WE CARE GROUP (c) (h) Alano Club, 1432 Gallatin Ave	<u>Boulder</u>	
7:00pm	FELLOWSHIP GROUP (o) (h) (cc) St. Paul’s Methodist, 80 E Lawrence	<u>FRIDAY</u>		2:00pm	CHANGE OF PACE (o) (h) Meditation, Plymouth Church, 500 S Oakes	Wednesday 6:30pm	BOULDER MEN’S MEETING (c) Boulder Senior’s Center 201 South Main Street
8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave	6:55 am	LIVING IN THE SOLUTION Bagel Co, 735 N Last Chance Gulch	5:30pm	HOMEWARD BOUND (o) (h) Alano Club, 1432 Gallatin Ave	Thursday 6:00pm	OVER THE HILL GROUP (c) Senior Center, 201 S Main, Lower
<u>WEDNESDAY</u>		9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	7:00pm	FELLOWSHIP GROUP (c) (h) St. Paul’s Methodist, 80 E Lawrence, Library	<u>Elliston</u>	
9:00 am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	12:00pm	CHANGE OF PACE (c) (h) Discussion, Plymouth Church, 500 S Oakes	8:00pm	NEWCOMERS NORTH Alano Club, 1432 Gallatin Ave	Tuesday 7:00pm	LITTLE BLACKFOOT GROUP (o) Elliston School Basement
12:00pm	SISTER 2 SISTER Women Only (o) (h) (M) St. Paul’s Methodist, 80 E Lawrence, library					<u>White Sulphur Springs</u>	
						Friday 7:00pm	WHITE SULPHUR SPRINGS GP (o) Yoked Parish Lutheran, 411 E Jefferson

Please call us anytime to talk or if you need a ride

[illegible]

August 2026

PO Box 805
Helena, MT 59624

MT Statewide AA Tollfree Hotline
833-800-8553

AA Website and Online Meeting Information
www.aa-montana.org

In Person- First Presbyterian Church
Hybrid- Zoom ID: 886 9941 1431 Passcode: 856260
6:30 PM 1st Thursday of the each month

ALANON Website and Online Meeting Info*
www.mt.al-anon.alateen.org

Online: Zoom ID: 858 0794 5817 Passcode: 134066
5:30 PM 2nd Thursday of each month

NW Corner of Gallatin & Sanders, E of Alano Club

11:30-1:30 Monday, Thursday, Friday and
Saturday

12:00-2:00 Tuesday
12:00-2:00 Wednesday
11:30-1:30 Saturday

*In cooperation, not affiliation

2:00pm **FORUM FAVORITES**
Wilson House, 1376 Linden

3:30pm **SUPER SUNDAY**
Susanna's Place, 512 Logan, Helena

12:00pm **T.G.I.A**
Phone Only 425-436-6390
Access Code: 638077#

7:00pm MONDAY STEP STUDY
Wilson House, 1375 Linden

12:00pm **TUESDAY LUNCH BUNCH**
Susanna's Place, 512 Logan, Helena

7:30pm **DISCOVERING CHOICES**
1st Presbyterian, 535 N Ewing

12:00pm **T.G.I.A**
Phone Only 425-436-6390
Access Code: 638077#

5:30pm **FROM SURVIVAL TO RECOVERY**
Wilson House, 1376 Linden

10:00am **LIVING OUR LIVES AFG**
St. Paul's Methodist, 512 Logan

6:45pm **LEMON HEADS ALATEEN**
Wilson House, 1376 Linden

12:00 pm **T.G.I.A**
Phone Only 425-436-6390
Access Code: 638077#

12:00pm **FREE ON FRIDAY**
Susanna's Place, 512 Logan, Helena

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Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

(c) Closed Meetings (Alcoholics only)
(o) Open Meetings (Non-Alcoholics may attend)
(h) Handicap Accessible (cc) Child Care

MEETING TYPE:
(B) BOOK STUDY **(D) DISCUSSION**
(M) MEDITATION **(L) LITERATURE STUDY**
(S) SPEAKER **(F) FORUM STUDY**

AA Splits
District 61- PO Box 805, Helena, MT 59624
Area 40- PO Box 43, Billings, MT 59103
GSO- PO Box 459, Grand Central Station, NY, NY 10163