HELENA AA MEETINGS		WEDNESDAY		FRIDAY	FRIDAY CONT.		ONLINE MEETINGS USING ZOOM	
THE ELECTRICAL PROPERTY OF THE			9:00 am ON AWAKENING (o) (h)		CHANGE OF PACE (o) (h)	www.aa-montana.org		
MONDAY		7.00 am	Alano Club 1432 Gallatin Ave	1	Discussion, Plymouth Church, 500 S Oakes	Sunday 12:00pm		IT'S IN THE BOOK
6:55am	BIG BOOK FOR BREAKFAST	12:00pm	FREE FOR LUNCH (c) (h)	12:00pm	FREE FOR LUNCH (c) (h)			
	Wilson House, 1376 Linden	1 <b>2</b> .00pm	St. Mary's, 1700 Missoula Ave, Rear Entrance	1	St. Mary's, 1700 Missoula, Rear Entrance	Monday & Thursda	ay 6:55am	BIG BOOK
9:00a	ON AWAKENING (o) (h)	12:00nm	CHANGE OF PACE (c) (h)	12:00pm	SISTER 2 SISTER Women Only (o) (h)			BREAKFAST
	Alano Club 1432 Gallatin Ave	12.00pm	12x12 Study, Plymouth Church, 500 S Oakes St	··F	Alano Club, 1432 Gallatin Ave			
10:45am	WOMEN IN RECOVERY (c) (h)	12:00pm	WEDNESDAY MEN'S NOON GROUP (c) (h)	12:00pm	WE CARE GROUP (c) (h)	Monday 7:00pm		LAST CHANCE
	St. Paul's Methodist, 80 E Lawrence St	12.00pm	Wilson House, 1376 Linden St	12.00pm	Alano Club, 1432 Gallatin Ave	J 1		RECOVERY
12:00pm	FREE FOR LUNCH (c) (h)	12:00pm		5:30pm	HOMEWARD BOUND (o) (h)			11200 / 2111
	St. Mary's, 1700 Missoula Ave, Rear Entrance	12.00pm	Alano Club, 1432 Gallatin Ave		Alano Club, 1432 Gallatin Ave	Last Sunday of the	month 7:00nm	EELI OWSHID
12:00pm	CHANGE OF PACE (c) (h)		HOMEWARD BOUND (o) (h)	6:30 pm	RECOVERY SPEAKS (o) (h)	Last Sullday of the	monui 7.00pm	GROUP
	Book Study, Plymouth Church, 500 S Oakes St	элэории	Alano Club, 1432 Gallatin Ave	•	Speaker, Wilson House, 1376 Linden			GROUF
12:00pm	SISTER 2 SISTER (o) (h)	7:00pm	PRIMARY PURPOSE BEGINNERS (o)	8:00pm	NEWCOMERS NORTH	W 1 1 5 00		ENDEGIDE CDOUD
	Women Only, Alano Club, 1432 Gallatin Ave	7.00PIII	Salvation Army, 1905 Henderson St		Alano Club, 1432 Gallatin Ave	Wednesday 7:00pm		FIRESIDE GROUP
12:00pm	WE CARE GROUP (c) (h)	7:00pm	WEDNESDAY NIGHT STEP STUDY					
7.20	Alano Club, 1432 Gallatin Ave	1	1 <sup>st</sup> Baptist Church, 359 N Warren (c)	SATURD.		Wednesday 7:00 pm		MOUNTAIN
5:30pm	HOMEWARD BOUND (o) (h)	7:00pm	MOUNTAIN PACIFIC (o) (h)	9:00am	ON AWAKENING (o) (h)			PACIFIC
7.00	Alano Club, 1432 Gallatin Ave,	•	Wilson House, 1376 Linden		Alano Club 1432 Gallatin Ave			
7:00pm	LAST CHANCE RECOVERY (c)  1st Chainting Change 211 Power St	8:00pm	FIRESIDE GROUP (o) (h)	9:00am	SATURDAY MEN'S MEETING (c) (h)	Friday 6:55am		LIVING IN THE
7:00pm	1st Christian Church, 311 Power St MEN'S BOOK STUDY (c)		Plymouth Church, 400 S Oakes		Wilson House, 1376 Linden St	J		SOLUTION
7.00pm	Salvation Army, 1905 Henderson St	8:00pm	NEWCOMERS NORTH	10:00am	EARLY BIRD BREAKFAST			
8:00pm	NEWCOMERS NORTH		Alano Club, 1432 Gallatin Ave		The Bagel Co, 735 N. Last Chance Gulch	Friday 6:30pm		RECOVERY
0.00pm	Alano Club, 1432 Gallatin Ave			12:00pm	CHANGE OF PACE (c) (h)	Triday 0.50pm		SPEAKS
	Thane clas, 1752 Canadii 1770	THURSE			Book Study, Plymouth Church, 500 S Oakes			SIEAKS
TUESDA	Y	9:00am	ON AWAKENING (o) (h)		Salvation Army, 1905 Henderson St	<b>AL-ANON</b>		
9:00am	ON AWAKENING (o) (h)	10.00	Alano Club 1432 Gallatin Ave	12:00pm	WE CARE GROUP (c) (h)	Monday 7:00pm		GOOD GRIEF
	Alano Club 1432 Gallatin Ave	12:00pm	FREE FOR LUNCH (c) (h)		Alano Club, 1432 Gallatin Ave	Thursday & Sunda	y 6:45 am	GREAT MEETING
12:00pm	FREE FOR LUNCH (c) (h)	12.00	St. Mary's, 1700 Missoula, Rear Entrance	5:30pm	HOMEWARD BOUND (o) (h)			HIGHER POWER
	St. Mary's, 1700 Missoula Ave, Rear Entrance	12:00pm	CHANGE OF PACE (c) (h) Plymouth Church, 500 S Oakes	<b>7</b> 00	Alano Club, 1432 Gallatin Ave	OUTGINE HELENA AREA		
12:00pm	CHANGE OF PACE (o) (h)	12:00nm	WE CARE GROUP (c) (h)	7:00pm_	PRIMARY PURPOSE (o)	OUTSIDE HELENA AREA		
	Meditation, Plymouth Church, 500 S Oakes St	12.00pm	Alano Club, 1432 Gallatin Ave	0.00	Salvation Army, 1905 Henderson St	Townsend Typesday 5,20mm	ACCESS TO	EDEEDOM (a) (b)
12:00pm	WE CARE GROUP (c) (h)	5:30pm	HOMEWARD BOUND (o) (h)	8:00pm	NEWCOMERS NORTH	Tuesday 5:30pm		<b>FREEDOM (o) (h)</b> e Valley, 301 N Cherry
	Alano Club, 1432 Gallatin Ave	3.30pm	Alano Club, 1432 Gallatin Ave		Alano Club, 1432 Gallatin Ave	Friday 12:00pm		FREEDOM (o) (h)
5:30pm	HOMEWARD BOUND (o) (h)	7:00pm	VALLEY BIG BOOK (o)	SUNDAY		Tilday 12.00piii		e Valley, 301 N Cherry
6.20	Alano Club, 1432 Gallatin Ave	1	New Life Lutheran, 5980 N Montana	9:00am	ON AWAKENING (o) (h)	Boulder	Shepara of the	vuney, 301 IV cherry
6:30pm	LAST CHANCE GROUP (c) (h) Rm 4 Back	7:00pm	IT'S IN THE BOOK (o) (h)	).00diii	Alano Club 1432 Gallatin Ave		OVER THE	HILL GROUP (c)
7.00,,,,,	Our Redeemer Lutheran, 3580 N Benton Ave,	•	Speaker, 1st Presbyterian, 535 N Ewing	12:00pm	WE CARE GROUP (c) (h)			, 201 S Main, Lower
7:00pm	STREAM OF LIFE (o) (h) Wilson House, 1376 Linden St	7:00pm	FELLOWSHIP GROUP (c) (h)	12.00pm	Alano Club, 1432 Gallatin Ave	Elliston	,	, -
7:00pm	HOW & WHY OF IT WOMEN'S (o) (h)		St Paul's Methodist, 80 E Lawrence	2:00pm	CHANGE OF PACE (o) (h)		LITTLE BLA	ACKFOOT GROUP (o)
	St. Peter's Cathedral, 511 N. Park Ave - upstairs	7:00pm	STREAM OF LIFE (c) (h)		Meditation, Plymouth Church, 500 S Oakes		Elliston Schoo	ol Basement
	FELLOWSHIP GROUP (o) (h) (cc)		Wilson House, 1376 Linden	5:00 pm	SPIRITUAL SEEKERS WOMEN'S (o)(h)	Lincoln		
, .oopin	St. Paul's Methodist, 80 E Lawrence St, library	8:00pm	NEWCOMERS NORTH		Alano Club, 1432 Gallatin Ave	Thursday 6:00pm	IT WORKS	
8:00pm	NEWCOMERS NORTH	DDID :	Alano Club, 1432 Gallatin Ave	5:30pm	HOMEWARD BOUND (o) (h)		VA Outpost, 403 Main St	
0.00F	Alano Club, 1432 Gallatin Ave	FRIDAY			Alano Club, 1432 Gallatin Ave	White Sulphur Springs		
	•	6:55 am		7:00pm	FELLOWSHIP GROUP (c) (h)			PHUR SPRINGS GP (0)
		0.00	Bagel Co, 735 N Last Chance Gulch		St. Paul's Methodist, 80 E Lawrence, Library		Yoked Parish L	utheran, 411 E Jefferson
		9:00am	ON AWAKENING (o) (h) Alano Club 1432 Gallatin Ave	8:00pm	NEWCOMERS NORTH			
			Mano Clau 1732 Ganatin Ave		Alano Club, 1432 Gallatin Ave			

# Welcome to the Helena Area Please call us anytime to talk or if you need a ride Phone #

# MEETINGS OF ALCOHOLICS ANONYMOUS (SS) & ALANON FAMILY GROUPS (AFG)

November, 2025

## Helena AA/ District 61

PO Box 805 Helena, MT 59624

# MT Statewide AA Tollfree Hotline 833-800-8553

# AA Website and Online Meeting Information www.aa-montana.org

## **AA District Meeting**

In Person- First Presbyterian Church Hybrid- Zoom ID: <u>886 9941 1431 Passcode</u>: <u>856260</u> 6:30 PM 1<sup>st</sup> Thursday of the each month

# Helena AL-ANON/ District 11\*

# **ALANON** Website and Online Meeting Info\*

www.mt.al-anon.alateen.org

# **AL-ANON District Meeting\***

Online: Zoom ID: <u>858 0794 5817</u> Passcode: <u>134066</u> 5:30 PM 2<sup>nd</sup> Thursday of each month

## **Literature Store**

NW Corner of Gallatin& Sanders, E of Alano Club

#### **AA Hours**

11:30-1:30 Monday, Thursday, Friday and Saturday

# Alanon Hours\*

12:00-2:00 Tuesday 12:00-2:00 Wednesday 11:30-1:30 Saturday

# MEETINGS OF AL-ANON FAMILY GROUPS\*

#### SUNDAY

3:30pm SUPER SUNDAY

Susanna's Place, 512 Logan, Helena

#### MONDAY

12:00pm **T.G.I.A** 

Susanna's Place, 512 Logan, Helena

7:00pm **MONDAY STEP STUDY** Wilson House, 1375 Linden

#### **TUESDAY**

12:00pm **T.G.I.A** 

Susanna's Place, 512 Logan, Helena

7:30pm **DISCOVERING CHOICES** 

1<sup>st</sup> Presbyterian, 535 N Ewing

#### WEDNESDAY

12:00pm **T.G.I.A** 

Susanna's Place, 512 Logan, Helena

5:30pm FROM SURVIVAL TO RECOVERY

Wilson House, 1376 Linden

#### THURSDAY

10:00am LIVING OUR LIVES AFG

St. Paul's Methodist, 512 Logan

6:45pm LEMON HEADS ALATEEN

Wilson House, 1376 Linden

#### **FRIDAY**

12:00pm T.G.I.A

Susanna's Place, 512 Logan, Helena

\* In cooperation, not affiliation

#### AA PREAMBLE

Alcoholics Anonymous is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy, neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

- (c) Closed Meetings (Alcoholics only)
- (o) Open Meetings (Non-Alcoholics may attend)
- (h) Handicap Accessible (cc) Child Care

#### AA Splits

**District 61-** PO Box 805, Helena, MT 59624 **Area 40-** PO Box 155, Bozeman, MT 59771

GSO- PO Box 459, Grand Central Station, NY, NY 10163

<sup>\*</sup>In cooperation, not affiliation